



Extracurricular Activities program ZSB 2024-25

GENERAL INFORMATION

REGISTRATION

Registrations can be made at any time here:

<https://forms.gle/g9PFWo39c6GEQsof6>

PRICES

Each activity has an annual fee which is divided into monthly instalments of the same amount. Therefore, each month the same monthly fee will be charged except for September, which will be 75%.

If the enrolment is made when the course has already started, the price of the first month will be proportional to the starting date and, in all cases, we will facilitate the integration of the students so that they can adapt to the rhythm of the group appropriately.

The fees will be charged monthly to the account indicated on the enrolment form and in case of refusal a surcharge of 5€ will be applied.

Students who need **extracurricular transport** will have a discount on some activities. Please consult Eduard.

LOCATION

All **EI3 and EI4** activities will be held **at c/Ifni, 2**.

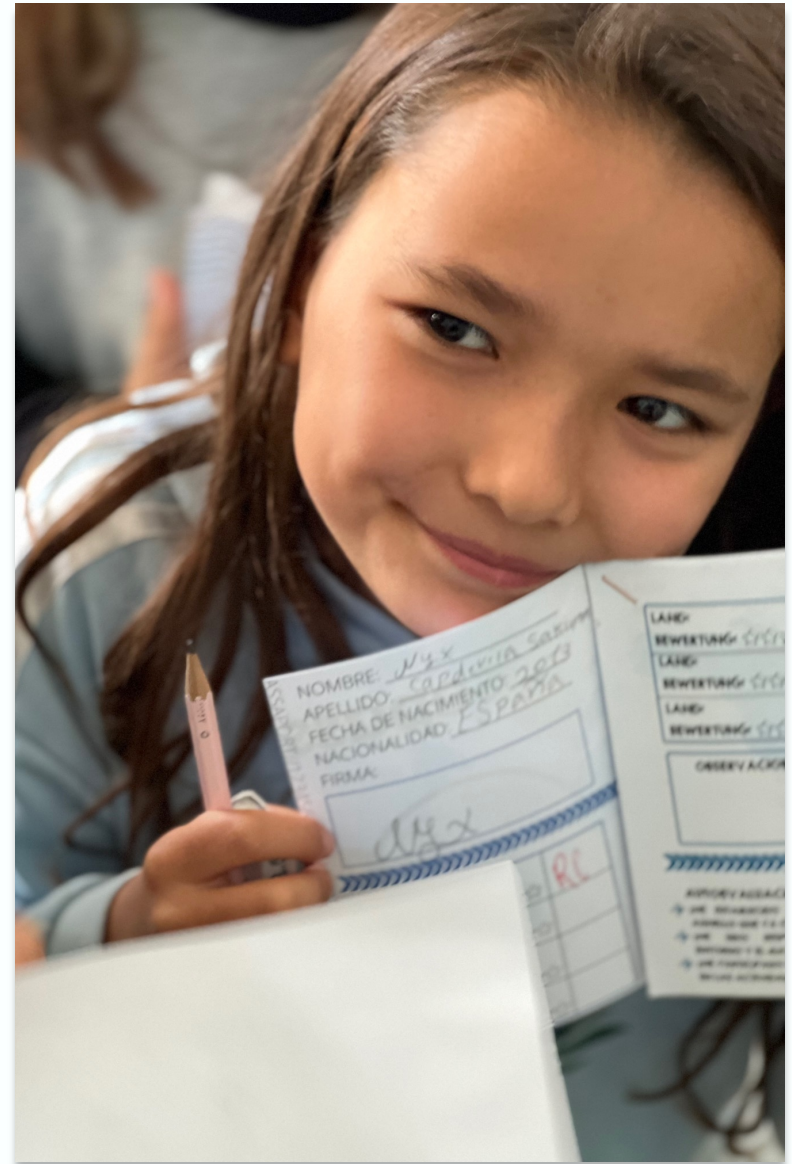
EI5 activities up to 10K will be held **at Av/Pearson, 73** with the exception of football at Kinobs and football and volleyball at Escola Augusta.

CONTACT

Coordinator of extracurricular activities: Eduard

Email: ebenlliure@sport-madness.com

Phone / Whatsapp: 678 241 539



GENERAL INFORMATION

CANCELLATIONS AND TESTS

All activities run for one year (from September to June inclusive) but you can withdraw your children at any time.

Cancellations must be communicated before the beginning of the following month in order to be effective and avoid a fee charge. They will be communicated via email through the school's application or to ebenlliure@sport-madness.com. Cancellations can also be made via Whatsapp at 678 241 539.

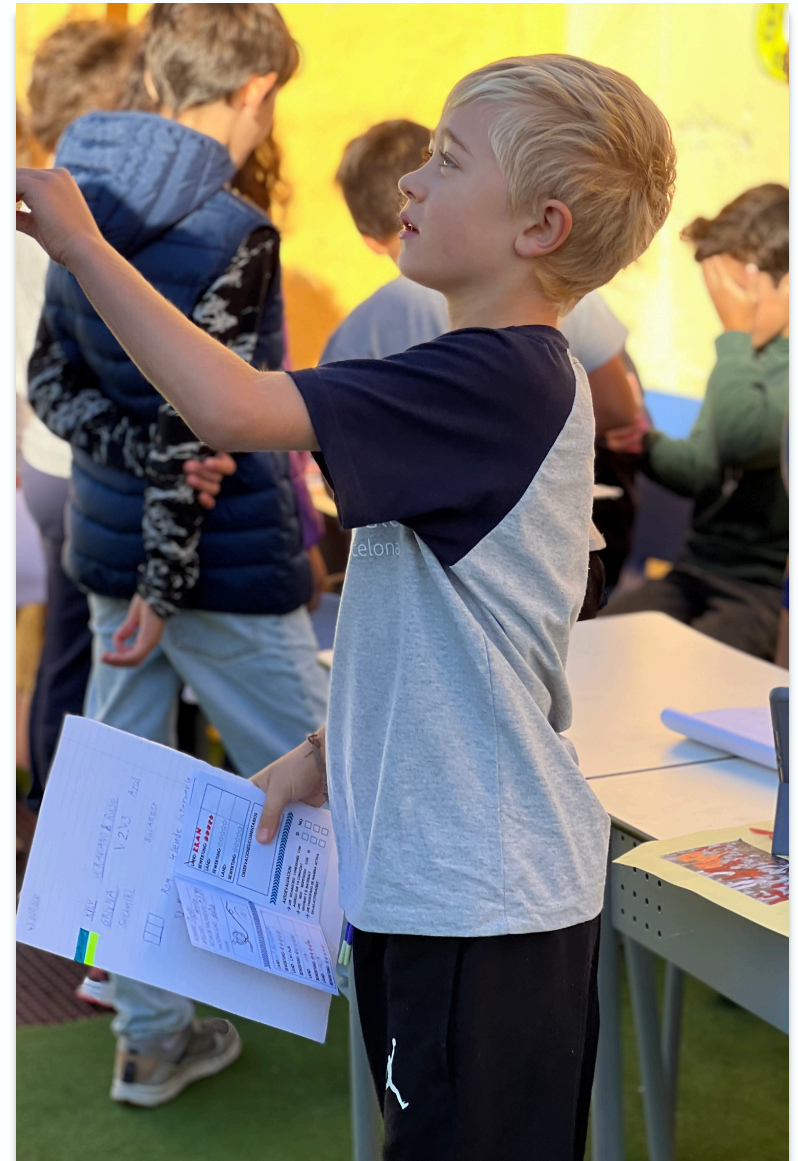
Tests of the activities will consist of registering on the form and paying one month's fee. In the event that the test is not satisfactory, cancellation will be requested, which will be effective the following month.

No refund is possible except for justified medical reasons.

DATES

Activities will start on **9 September in PEARSON (from E15 onwards) and on 30 September in IFNI (E13-E14)** and, in the second and third term, on the same day as the start of school. They will normally end on the same day as the last day of school.

There will be no extracurricular activities on public holidays, as well as other days indicated by the school for whatever reason (holiday camps, school holidays...). These reasons do not justify a reduction of the fee.



GENERAL INFORMATION

GROUPS

Minimum: Each activity has a minimum number of students required to be able to form a group, if the minimum is not reached there are two options:

- 1- Cancel the group, it will remain on the waiting list until new registrations are received that allow the group to be created.
- 2- To agree a price adjustment with the interested families in order to be able to start the activity (only for those activities that make sense to be done with small groups).

Maximum: Each activity has a maximum number of students that we cannot exceed. If this maximum is reached, we will close the group and new registrations will be put on the waiting list. The criterion will be the date of enrolment.

FOLLOW-UP OF ACTIVITIES

We will periodically report on the evolution of the course via email.

In addition, families who would like more personalised information about the progress of their children or would like to discuss any concerns, contributions, discomfort, etc..., may request a termly meeting via email ebenlliure@sport-madness.com or via Whatsapp at 678 241 539.

In the same way, if we detect this need, we will contact the pupil's family directly.



OFFER OF ACTIVITIES

	MONDAY	THUESDAY	WEDNESDAY	THURDAY
EI3-EI4	CREATIVE MODELLING	MUSICAL INITIATION	YOGA / DANCE	MULTISPORT
EI5	MULTISPORT	CREATIVE LAB	MUSICAL AWARENESS	COOKING / DANCE
	IMPROSHOW	INTRODUCTION TO FOOTBALL		TAEKWONDO
1.Kl. – 2.Kl.	MULTISPORT	CREATIVE LAB	APPLIED ENGINEERING	COOKING / DANCE
	IMPROSHOW	INTRODUCTION TO FOOTBALL	MUSICAL AWARENESS	TAEKWONDO
3.Kl.	MULTISPORT	CREATIVE LAB	APPLIED ENGINEERING	COOKING / DANCE
	IMPROSHOW		MULTISPORT	TAEKWONDO
4.Kl. – 6.Kl.	IMPROSHOW	CREATIVE LAB	MULTISPORT	COOKING / DANCE
		APPLIED ENGINEERING		TAEKWONDO
3.Kl. – 10.Kl.	Football Competition Augusta	Voleibol Competition Augusta	Football Competition Augusta	Voleibol Competition Augusta
	Football Competition Kinobs	Football Competition Kinobs	Football Competition Kinobs	Football Competition Kinobs

- Chess and Emotional education will take place in the midday
- Instrument and musical language will preferably take place in the afternoon, but there is also the option of afternoon classes.
- The German and Spanish reinforcement classes will start in October and the date will be agreed with the families.
- The extra-curricular Study Class will be open from Monday to Thursday afternoons for all classes.

APPLIED ENGINEERING

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
TRENCACLOSQUES	16:35 - 17:50	WEDNESDAY	1.Kl. – 3.Kl.	54€
TRENCACLOSQUES	16:35 - 17:50	THUESDAY	4.Kl. – 6.Kl.	54€

Our activity is taught in Spanish and English and is divided into monthly missions and its main objective is to ingeniously solve the problems of our society. Students, with the help of teachers, present their hypotheses and prototypes using the scientific method and the most innovative technological tools, such as **virtual and augmented reality, LEGO robotics, programming, 3D design and scientific experiments.**

STEM Skills:

1. 3d Design Area: Modelling - Texturing - Boolean.
2. Virtual Reality area: Environment construction - Cinematography - Animation
3. Programming area: 2d motion - Audiovisuals - Controllers and clones - Functions and variables - Advanced Scripting
4. Robotics and mechanics area: Simple machines without motors and with motors - Sensors - Advanced machines - Advanced machines
5. Electronics area: Basic electronics - Circuit design - Hardware interface - Internet of Things (IoT)

SOFT Skills:

1. Inter-intrapersonal area: Teamwork - Emotional management - Communication
2. Divergent-Convergent Thinking Area: Detecting problems - Determining solutions - Creativity - Following instructions



[CLICK HERE FOR INFORMATIVE VIDEO](#)

CHESS

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
PATXI	MIDDAY	*	1.KL. – 6.KL.	*

Patxi will teach the fundamental techniques of Chess and will offer the opportunity to put them into practice in very participative classes, through games, challenges, games and tournaments.

Ideal for stimulating analytical skills, speeding up your cognitive system, helping you to better understand and manage the situations that may arise.

*Consult PATXI (patxi@zurichschule.com) for prices, days and registration procedures.



CREATIVE LAB

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
TRENCACLOSQUES	16:35 - 17:50	MONDAY	EI3 - EI4	52€
TRENCACLOSQUES	16:35 - 17:50	THUESDAY	EI5 – 6.KL.	52€

In this extracurricular activity, our aim is to awaken pupils' artistic creativity through both traditional plastic tools, such as **painting, clay or models**, and innovative digital tools, such as **3D design, digital pencils or virtual modelling**.

Our activities offer a fun way of mixing the history of art and popular culture with new technologies, through **projects** in which pupils create their own clothing line, design interiors like great decorators or use mind-blowing applications to discover the importance of beauty and colours in the creation of advertising campaigns.

In addition, our students develop autonomy, responsibility, fine motor skills and entrepreneurship. This space offers a unique opportunity to create an environment rich in stimuli where pupils can express what they feel and interpret the beauty of the world around them.



CREATIVE MODELLING

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
EIXOS CREATIVA	16:35 - 17:50	MONDAY	E13 –E14	40€

Artistic modelling activity adapted by age and where the main material used is a coloured clay that dries in the air, which does not stain, is non-toxic and is specially designed for activities with children.

This extracurricular activity stimulates artistic talent, imagination, creativity and the capacity for observation and concentration of students of any age in a fun way. It also promotes autonomy, personal initiative and self-confidence.

What will we do in this activity?

We use our own hands to model termly projects that the children carry out step by step and make progress in class after class. This work is taken home at the end of the term.

The termly project with specific projects linked to themes such as Christmas, Sant Jordi, Carnival... these specific projects are taken home when they are finished.

Objectives

Stimulate creativity

Improve manual dexterity

To strengthen concentration and patience

Encourage self-expression and self-confidence.

Promote respect for artistic productions.

In this video you can see what the activity consists of:

<https://www.youtube.com/watch?v=n7T14X5AaUE>



COOKING

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
TEDI	16:35 - 17:50	THURSDAY	E15 – 6.KL.	52€

The best way to promote **learning about cooking and healthy eating** from a very young age is to encourage curiosity about cooking.

In the extracurricular cooking class they will learn to cook and create good eating habits, to recognise foods and to stimulate creativity by encouraging teamwork.

Values and skills:

Hygiene rules, autonomy, recycling, organisation and coordination, recognising the effort of cooking.

We promote the learning of cooking through practical and fun classes, in which the teacher explains each step of the recipes and the students carry them out.

The levels of the programme are designed according to age.

Younger students prepare dishes without fire and with materials that are easy to handle.

In addition, through our blog, students can access worksheets, videos and material to practise at home.



DANCE

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	16:35 - 17:50	WEDNESDAY	E13 - E14	40€
BENLLEURE	16:35 - 17:50	TURSDAY	E15 - 6.KL.	40€

Our children's dance classes are designed to offer children a fun and enriching experience through movement and artistic expression.

We will encourage their imagination and creativity by allowing them to create their own movements and express themselves through dance.

The classes will be taught by our teacher **Astrid Berrocal**, specialised in educating and teaching children and a dancer with more than 15 years of experience in the artistic world, winner throughout her career of various national and international competitions and performing in works such as Don Quixote, Nutcracker and Alice in Wonderland, among others.



EMOTIONAL EDUCATION

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
OWL EMOCIONS	MIDDAY	MONDAY, WEDNESDAY or THURSDAY	E15 – 6K	44€

With this activity we will help children in the process of **acquiring and developing emotional competences** such as:

- Acquisition of a better knowledge of their own emotions.
- Identifying the emotions of others.
- Tricks or tools for the regulation of their own emotions.
- Increasing the threshold of tolerance to frustration.
- Prevention of the harmful effects of maladaptive emotions.
- Development of the ability to generate adaptive emotions.
- Development of self-motivation skills.
- Adoption of a positive attitude towards life.
- Development of social and communication skills and/or competences.
- Development of optimal self-esteem.
- Promotion of autonomy.
- Learning to flow and relax.

We have a team of **psychologists and therapists who specialise in working with children and young people and in the field of neuroscience.**

The first term will be used to get to know and identify emotions (emotional awareness), which is the basis for everything to flow afterwards.

From the second term onwards, we will work on the management of these identified emotions through different dynamics adapted to each group, the children develop their abilities in a didactic and fun environment that we adapt according to the dynamics and needs of the group: crafts, drawing, music, more physical games...

We maintain **direct and personalised contact with families and teachers.**

We provide didactic material to be able to work at home and we give practical advice to those families who have doubts or specific needs, so that the families can continue playing, learning and working at home if they wish.

In addition, we also send **extra material** and propose a free visit in which we collect the expectations and particular needs of each one, thus adapting the dynamics to the children.

In short, we provide tools so that children can have a happier childhood and be prepared for the challenges of life.

FOOTBALL ESCOLA AUGUSTA

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	17:00 – 18:10	MONDAY and/or WEDNESDAY	3.Kl. – 6.Kl.	55€
BENLLEURE	18:15 – 19:15	MONDAY and/or WEDNESDAY	7.Kl. – 10.Kl.	55€

Activity for girls and boys aimed at improving their football skills.

In collaboration with Escola Augusta, where our students will complete the teams of this school.

We will participate in the school competition, so we will promote concepts such as teamwork, fair play, perseverance and effort to achieve a goal, technical and tactical work.

Home matches will be played on Fridays from 18:30. Away matches will normally be played on Fridays at the times set by the opposing teams, although some teams may play on Saturday morning.

Competing students must purchase competition kit separately.

Family members will be responsible for the transport of their children as this activity will take place at Escola Augusta:

[Carrer del Rector Ubach, 60, Sarrià-Sant Gervasi, 08021 Barcelona](#)



FOOTBALL – KINOBS

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
KINOBS	*	1 DAY	3.Kl. – 10.Kl.	75€
KINOBS	*	2 DAYS	3.Kl. – 10.Kl.	90€

Activity for girls and boys aimed at improving the practice of football in collaboration with Kinobs, where our students will complete the teams of this entity.

We will participate in the school competition, so we will promote concepts such as teamwork, fair play, perseverance and effort to achieve a goal, technical and tactical work.

Students who compete must purchase competition equipment separately.

Timetable:

Depending on ages and teams formed - Consult with Eduard.

Days:

There is the option of training 1 day a week + competition or 2 days a week + competition.

Family members will be responsible for the transport of their children as this activity will take place in the facilities of the Asturian Centre of Barcelona: [Carrer de Ràfols, 17-21, Sarrià-Sant Gervasi, 08034 Barcelona.](#)

There is the possibility that the price includes transport to and from the centre (consult Eduard).



GERMAN FOR ADULTS

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
DIE SCHULE	16:35 - 17:50	1 DAY PER WEEK	ADULTS	*

This activity is designed for families who want to learn German quickly, efficiently and in a more playful way in order to acquire basic knowledge, communicate easily in everyday life, understand simple texts, help their children with their homework...

It will take place in small groups at AV. Pearson.

*You must register and then we will contact you to determine the preferred days and prices.



GERMAN REINFORCEMENT

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
DIE SCHULE	16:30 – 18:00	ALL DAYS*	1.Kl. – 6.Kl.	68€*

This is an activity **to offer support in the German subject taught at school.**

We work with small groups of similar ages so that, whenever possible, we can work on topics from the same year group and, while one year group practises one topic, we explain a different topic to the other. Even so, we keep space for more individual questions from each student, i.e. students can bring in German topics that they are struggling with, we explain them and practise them.

On those occasions when the topics to be covered may be relevant to different classes, as they are often recurring topics that are difficult to learn German, we work with the 'teacher helper' method, in which the students who have mastered the topic explain it to the others, with the help of the teacher.

This means that those who explain the subject reach a deeper level of assimilation.

In order to better orientate this reinforcement, we work together with the teachers that each student has in the school to detect the weaknesses of each class and student.

Days

We will contact the families who sign up for this activity to determine which day of the week the weekly classes are scheduled.

Price

From 68€ per month. Individual classes or very small groups are accepted. Depending on the number of students in the group, the price may be increased.

IMPROSHOW

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	16:35 - 17:50	MONDAY	E15 – 6.KL.	55€

Improshow, an activity based on theatrical games where improvisation is worked on and which will be carried out **entirely in German** by Daniel Wolf, a teacher at the school.

Objectives:

Improving self-esteem and expression: The children will learn to express themselves with confidence and strengthen their self-esteem through playful improvisation exercises. This will take place in a safe and supportive environment.

Overcoming fears: Improvisation allows children to playfully overcome or address fears in the social and personal sphere. Children will develop confidence in their own abilities and gain security in different situations.

Emotional and linguistic development: The focus is on questions such as 'How do I express myself?' and 'How do I communicate in different emotional states without hurting others?' Through creative improvisation games, children will develop their emotional and linguistic skills.

- Creative balance in the face of cognitive stimuli: In a world where children face numerous cognitive stimuli, this project offers a creative balance. It strengthens and supports children in their creative and emotional side to foster holistic development.
- Strong children for a functional society: Our motto highlights the belief that strong children are the basis for a functional society. By strengthening their emotional and social skills, we contribute to shaping future generations of open and confident individuals.

Expected results:

- Development of confidence and strengthening of self-esteem in children.
- Improved ability to express themselves in different contexts.
- Overcoming fears in the social and personal sphere.
- Encouragement of emotional and linguistic development.
- Creation of a creative balance in the face of cognitive stimuli.

INTRODUCTION TO FOOTBALL

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	16:35 - 17:50	THUESDAY	EI5 – 2.KL.	36€

This is an introductory football activity, **perfect for stimulating the physical development and psychomotor skills** of the pupils through exercises in ability, strength, dexterity, speed, flexibility, passing, shooting, skill circuits, improved vision of the game, etc., and which also stimulates cognitive development and certain values such as teamwork, companionship, effort and strategies, which will be fundamental for the pupils to teach them basic concepts of life, such as companionship or the importance of effort to achieve a common good.

This activity is aimed at initiation but with the intention of creating a small football school so that later, from 3.Kl. onwards, those who wish to, can continue outside the school in teams that compete with **a base of preparation already acquired**.

That is why we will try to play friendly matches periodically with other neighbouring schools to create extra motivation and help in this preparation.



MULTISPORT

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	16:35 - 17:50	THURSDAY	EI3 - EI4	36€
BENLLEURE	16:35 - 17:50	MONDAY	EI5 – 3.Kl.	36€
BENLLEURE	16:35 - 17:50	WEDNESDAY	3.Kl. – 6.Kl.	36€

Activity aimed at initiation into sport, adapted according to age and the tastes of each group.

Perfect for those who want a general sports extracurricular activity, very playful and focused on the integral development of the student. They will practice a multitude of sports and games, learn and develop the physical and cognitive benefits and improve their motor skills through physical activity.

In **EI3 and EI4** we will combine activities, circuits, games, tests, challenges... associated with different sports with the aim of being physically active, developing motor skills and, above all, having fun!

From EI5 onwards, the programme will be adapted and different sports will be played at an introductory level; Volleyball, Badminton, Hockey, Table Tennis, Mini-tenis and Basketball mainly, although this may vary depending on the tastes and demands of the group. The practice of these sports will be combined with traditional, cooperative and symbolic games, and we will even let our imagination run wild, allowing the students to create their own sports or games.



MUSIC

PROVIDER	ACTIVITY	TIMETABLE	DAYS	AGES	MONTHLY PRICE
ESCOLA DE MÚSICA FARRÉ	MUSICAL INITIATION	16:35 - 17:50	THUESDAY	EI3 - EI4	54€
ESCOLA DE MÚSICA FARRÉ	MUSICAL AWARENESS	16:35 - 17:50	WEDNESDAY	EI5 – 2.Kl.	54€

EI3 - EI4: Musical Initiation

The different basic concepts of music will be incorporated through both theoretical and practical activities, as well as fostering a love of music and culture as a means of expression.

The main objective is **to develop the musical abilities** of each child, working on rhythm, intonation, listening, concentration, creativity, attention and auditory memory through musical activities and games. The aim is also to give them a general knowledge of the use of the voice and the body as a musical instrument, as well as the sound and functioning of the different musical instruments.

And finally, through different auditions and visualisations, the aim is to give them an overview of the history of music from its beginnings to the present day.

EI5 – 2.Kl.: Music Awareness

This activity is the continuation of musical initiation, although students who have not participated in this activity can also join in.

Through different types of musical activities and games, the aim is to develop the musical abilities of each child as they learn the basic concepts of music, such as the difference between sound and noise, the different qualities of sound (pitch, intensity, timbre and duration), musical notes, silences, rhythm, auditory memory, etc.

In addition, an approach to the different musical instruments will be sought through images, videos, listening exercises and rhythmic and melodic dynamics with the same instruments. There will also be visualisations of different musical works so that students can get a general idea of the different applications of music in our daily lives, as well as to continue fostering a love of music and culture as a means of expression.

MUSIC

PROVIDER	ACTIVITY	TIMETABLE	DAYS	AGES	MONTHLY PRICE
ESCOLA DE MÚSICA FARRÉ	MUSICAL LANGUAGE	16:35 - 17:50	FRIDAY	3.Kl. – 10.Kl.	54€

1.Kl. – 10.Kl.: Musical language

Musical language is one of the fundamental axes to be able to advance more easily in the practical part, such as playing a musical instrument.

Although it is not compulsory in unregulated studies, it is absolutely recommended in order to have greater ease and advance more quickly, having clearer concepts.

It is the most theoretical part of the music, it has the part of the tuning in which we work the voices and the teamwork, making all of us one.

It has 5 different parts:

- The auditory dictation both rhythmic and melodic.
- Music theory.
- Music reading
- Listening
- Tuning

The aim is to facilitate and digest musical concepts that would otherwise probably be more difficult and time-consuming for the pupils to understand, while at the same time helping the instrument class.

It is therefore recommended that students who play an instrument at school also take part in the extracurricular musical language classes, as it will allow them to achieve a more complete learning and greater progress in the practice of the instrument.

The musical language classes will take place in a group on Fridays at midday in 45-minute sessions per week.

MUSIC

PROVIDER	ACTIVITY	TIMETABLE	DAYS	AGES	MONTHLY PRICE
ESCOLA DE MÚSICA FARRÉ	INSTRUMENT	MIDDAY OR AFTERNOON	ALL DAYS	1.Kl. – 10.Kl.	90€

From 1.Kl.: Instrument

We will learn to play instruments in **individual lessons of 45 minutes** per week through musical performance as a whole.

We will work on both the individual learning of the instrument and the different social skills involved (listening, collaboration, roles).

The classes focus on gradually incorporating the technical aspects of the instrument, covering both pieces from the classical repertoire of the instrument, as well as pieces that are chosen together with the students based on their personal tastes and needs, encouraging musical practice with other students from the music school through concerts and auditions.

Instrument classes are only made up in the event of the teacher's absence.



All students who are prepared, both as a group and as an instrument, and who wish to do so, can take part in the concert organised by our collaborator the Escola de Música Farré at the end of the course.

MUSIC

The Farré School of Music and Dance has more than 50 years of experience as a music school and we are characterised by our dedication and vocation to teaching music.

The school is authorised by the Department of Education of the Generalitat de Catalunya.

Musically, we have experience in recording projects, audiovisuals, concerts and we have collaborated with all kinds of institutions, both public and private. At a pedagogical level, we have trained, supported and encouraged many students both professionally and for fun.

All our teachers are graduates or recognized with a lot of experience and with great vocation, with international awards, both in classical and modern styles, many of them have studied Masters both at the Conservatori Superior del Liceu and at the Escola Superior de Música de Catalunya (ESMUC), teachers who are active which gives us a real vision of the interpretation and staging.

Added value:

- Every year we organise at least one concert at the end of the school year (June) where ZSB students participate voluntarily.
- Currently the piano department is part of the programme "Tú toques" in collaboration with the Palau de la Música Catalana, where our students, with the consensus of the teachers and the faculty, are given the opportunity to play on the main stage of this emblematic theatre.
- After 2 years or according to the level of the student we do follow-up exams, not compulsory, to motivate and evaluate the level of our students with recognised juries of Conservatories of Catalonia, where they receive the accredited diploma of the music school, with the qualification.
- All students receive a report at the end of the course to encourage communication and to monitor how the course has gone.

SPANISH

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
DIE SCHULE	MIDDAY OR AFTERNOON	ALL DAYS*	1.Kl. – 10.Kl.	*

This activity is aimed at students who have recently arrived in Barcelona and who need reinforcement to learn the language.

Classes will take place in small, very small or individual groups, depending on the needs and/or requests of each student/family.

Timetable:

In the afternoon, one or two 45-minute classes per week will be held.

In the afternoons there will be one or two 75-minute classes per week.

Days:

We will contact families who sign up for this activity to determine which day of the week the weekly classes are scheduled.

Price:

The price will vary depending on the number of students in the group and the number of days of enrolment:

It will vary depending on the number of students in the group and the number of days of registration.

Once the registration has been made, we will contact the families who have signed up to organise the classes and determine the price.

STUDY CLASS

PROVIDER	TIMETABLE	DAYS	AGES	TRIMESTER PRICE
BENLLEURE	16:35 - 17:50	MONDAY to THURSDAY	E15 – 10.Kl.	*€

Activity designed to promote family logistics. Your children will stay at school after school hours to study, do homework, read... under the supervision of a monitor.

The first 15 minutes can be used for a snack, although they will have to bring their own snack from home.

The trimester prices vary depending on the number of days of registration:

1 day a week: 45€ per trimester

2 days per week: 72€ per trimester

3 days a week: 99€ per trimester

4 days per week: 120€ per trimester

Payment must be made at the beginning of each trimester using one of these two options:

- Bank transfer to IBAN
ES64018287539802000200069741
- Bizum to 678 24 539

Concept: pupil's name and surname

Families who need this service on an occasional and sporadic basis can register their children for just one day.

To do so, it is essential to notify Eduard by whatsapp at 678 241 539 as far in advance as possible and pay the amount in advance.

The price of this one-off service is €10 and must be paid in advance using either of the two options mentioned above.

TAEKWONDO

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
ALIANZA ARTES MARCIALES	16:30 - 17:45	THURSDAY	E15 – 6.KI.	78€

Activity taught by our partner Alianza Artes Marciales, formed by instructors of the highest level and led by Doiel Duran, bi-world champion and member of the Spanish national team, who will teach weekly classes in our school.

One of its main objectives is to promote values such as: Courtesy, Integrity, Perseverance, Self Control and Indomitable Spirit.

In the training sessions we will be looking to develop physical, mental and emotional skills, promoting discipline, confidence and respect for others.

The **belt graduations** allow us to evaluate the progress of each student, enabling them to advance on their path of learning and self-improvement.

Each belt carries with it new work tools and responsibilities.
and responsibilities.

Sporting events give us the opportunity to put into practice everything we have learnt, emotionally it gives us the tools to develop resilience, confidence and the ability to manage emotions such as stress.

Exams and sporting events for the year will be sent to families in calendar format at the beginning of the season.

Access to sporting events and graduations will only be possible with the permission of the instructor and payment of the annual federation fee where applicable.

Exam dates: MARCH/ JUNE/ DECEMBER

Examination fee: 70€.

Federation annual fee: (+7 years): 60€.

Championship fees: (dates and prices vary according to the event).

All students will have the opportunity to participate in internal School events such as special classes and internal championships which will be specified in the calendar.

Costume prices:

Uniform 55€.

Gloves 45€.

Protective boots 45€.

Protective helmet 50€.

Protective mouth guard 10€.

For students who want to compete it will be necessary to purchase all the clothing from the second month onwards.

VOLLEYBALL AUGUSTA

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
BENLLEURE	17:00 – 18:10	TUESDAY and/or THURSDAY	3.Kl. – 6.Kl.	55€
BENLLEURE	18:15 – 19:15	TUESDAY and/or THURSDAY	7.Kl. – 10.Kl.	55€

Activity for boys and girls aimed at initiation to the practice of volleyball with the objective of learning the basic aspects of the game, improving motor skills applied to the game and preparing technically and tactically for future school competitions.

Initiation to competition, promoting concepts such as teamwork, fair play, perseverance and effort to achieve a goal, etc.

From 7.Kl. onwards, in order to complement the activity, a part of physical condition will be included in the training sessions, helping to develop the children's basic physical qualities.

Home matches will be played on Fridays from 18:30 and away matches will normally be played on Fridays from 18:30, although some teams may play on Saturday morning.

Competing pupils must purchase their competition kit separately.

Family members will be responsible for the transport of their children.

School management:
[Carrer del Rector Ubach, 60, Sarrià-Sant Gervasi, 08021 Barcelona](#)

YOGA

PROVIDER	TIMETABLE	DAYS	AGES	MONTHLY PRICE
ESCENI-K	16:35 - 17:50	WEDNESDAY	E13 - E14	45€

Yoga is an activity designed for children to become aware of their bodies, **to work on attention, confidence, self-esteem, to develop their capacity for relaxation, awareness of others and of the group, teamwork** and, above all, to have fun!

We always work adapting to the age of the children and listening to the needs of each one, and of the group.

We approach the world of yoga through play. Children play, they learn by playing, they grow by playing, they live by playing? We do not intend to make an exception with yoga, nor to become mystics, nor to pretend that in a conscious way and based on constant and heavy repetitions. We will improve their breathing, their postures, their body awareness also from the game, from fun dynamics and adapted to their evolutionary age and their context.





Extracurricular Activities program ZSB 2024-25

International School
ZÜRICH Schule
Barcelona
Kindergarten + Primary + Secondary

